



DR. MARK RYKISS

& A S S O C I A T E S

ORTHODONTIST



Getting Started with Dr Mark Rykiss and Invisalign!

1)-New Patient Consultation (approx 60 minutes)

2)-Records Appointment (can be done in one appt of 90 minutes or two short appointments)

A) Alginate impressions of teeth, 2 x-rays, wax bite,

B) PVS (polyvinyl siloxane) impressions, treatment planning with Dr Rykiss.

(You will leave with "goodie bag" including complimentary bleach, trial aligners, ultrasonic cleaning machine, etc.) Book your next appointment for 6 weeks!

All records are sent overnight to Align Technology where they prepare your animated movie of teeth moving (Clincheck). Dr Rykiss will modify this movie and finally accept your treatment. At that point, your aligners will be fabricated, sent!

3) Pick up aligners! You will start treatment with your first aligners, take home additional aligners and receive thorough instruction on their wear and care (approx 30 min.) See you in 4 weeks for bonding of your attachments!

4) Attachment Appointment. (approx 20-60 min) If Dr Mark has prescribed attachments or invisible bumps that grab aligners, we will bond these temporarily on the selected teeth. (Appt. length depends on number of attachments needed)

5) See you every 6-12 weeks to ensure that treatment is running smoothly, to pick up new aligners, add/ remove attachments, provide IPR if needed (inter-proximal reduction or slenderizing between teeth which reduces crowding and creates space for rotation of teeth) Remember to wear your aligners all the time except when eating or cleaning and your treatment will stay beautifully on track!

***Please call or email us at any time should you have questions about any facet of your Invisalign treatment with Dr Mark Rykiss.....ask Dr Mark at mrykiss@aol.com
www.invisalign.com***

A future to smile about

PHONE (ALL LOCATIONS): (204) 925-GRIN (4746)

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Canadian Association of Orthodontists



American Association of Orthodontists

