



Getting Started in Early Interceptive Treatment with Dr Mark Rykiss

1) New patient consultation with Dr Mark Rykiss and his treatment coordinator (approx 60 minutes)

Learn why the Canadian and American Associations of Orthodontists recommend an orthodontic consultation no later than 7 years of age.

2) Records appointment (approx 30 minutes)..We take impressions of the teeth, 2 x-rays, wax bite. You choose colors for your retainers (neons, glow-in-the-dark, sparkle) and an image that we can build right inside your retainer (see Sponge Bob above)

Please book your next appointment to pick up appliances or retainers in 1-2 weeks

3) Pick up your new appliances! (approx 20 minutes) and learn about their wear and care. We will provide you with “key” for expansion appliances, retainer case (storage when not in the mouth), ultrasonic cleaning machine to help keep your retainers/appliances nice and clean. You will leave knowing how to wear, adjust and clean your retainers!

See you in 6-10 weeks!

4) Regular checks every 6-10 weeks (approx 10-20 minutes)

We will monitor your progress and check your retainers/appliance to ensure that they are comfortable and fitting well

Your Early Treatment Plan is prescribed just for you. Some treatments include two different sets of upper and lower retainers. Some treatments include some bracing of the teeth either at the end or at the beginning. Early Treatment does not take the place of Full Treatment with braces or Invisalign. However, approximately 80% of our patients do not proceed with a Full Treatment after Early Treatment. Our fees are adjusted for a second Phase of treatment following Phase One. Please ask at our Front Desk for additional information regarding fees or email us anytime with any question regarding treatment at mrykiss@aol.com and visit us at www.rykiss.com