

Getting Started in Braces

with

Dr Mark Rykiss

New Patient Consultation Dr. Rykiss (~ 60 mins)

Learn about the newest bonding and bracing technologies and see our crystal clear brackets (at no additional cost). *Our Self-ligating system* (3M Unitek) uses less force and less friction which equals fewer appointments, shorter treatment time and enhanced comfort for you. We will provide you with a take home package including information regarding payment arrangements, insurance details, a copy of your starting photos and any other details that will assist with your treatment.

Records and Braces On (~ 2 hours)

Full orthodontic records are taken including impressions, x-rays, bite registration.... and BRACES ON! (no needles, no drills) Dr Rykiss will bond or glue braces to the teeth while you watch and listen or enjoy television and relax. Please bring your ipod if you wish and ask for a blanket so you can really relax and start to get excited about your treatment.

After braces are on, one of our talented Orthodontic Dental Assistants will review the

wear and care of your braces and provide you with an oral hygiene kit with everything you need to take great care of your braces... See you in 8-10 weeks.

Regular visits (every 6-12 weeks ~ 30 mins)

Dr Rykiss and our staff will make the necessary orthodontic adjustments, and monitor your progress. We are pleased to show you your original models so that you can see all the incredible changes to your smile. Please bring any questions, comments or concerns to these appointments or email Dr Rykiss anytime at mrykiss@aol.com

Typically, treatment time is usually 18-24 months. When braces are removed Dr Rykiss will provide a clear, removable retainer and monitor your progress for 12 months. This retention period is critical to our goal of doing orthodontics once, making it perfect, and making your smile last forever. Visit us at www.rykiss.com

